



Near-Death Experience Virtual Retreat

2020 Website Program Description

Residential Retreat Virtual Retreat

Near-Death Experience Virtual Retreat

Release fear around dying and gain profound insight by exploring the realm associated with a Near Death Experience in this LIVE online virtual retreat.

Virtual Program

\$1,295.00

5 1/2 days

Learn various techniques to leave your physical body. Using a blend of patented Hemi-Sync® technology and specific meditation techniques, you will discover how to enter into very particular states of consciousness associated with Near-Death Experiences/Out-of-Body Experiences, come back safely, and return at will.

Gain a greater appreciation for life. Research studies have revealed a consistent pattern of positive aftereffects in those who report a Near-Death Experience (NDE). Beneficial outcomes are also possible for those who have not had an NDE, but instead, learn about them. During this course, you will explore the nonphysical universe by visiting the same realms encountered by those who have experienced an NDE.



Guide to NDE Meditations

<https://www.youtube.com/watch?v=d-YHNvwJpjM&feature=youtu.be>

(Linked in the details section below.)

Release fear around dying. Reclaim the power you give away to the unknown. Our NDE course goes beyond exploring an altered state of consciousness. Through your discovery of the NDE realm, you have the potential to experience after-effects that last throughout your life.

Embrace the fullness of what it means to be human. For the first time ever, this powerful and sacred experience is available to everyone. Experience the signature aspect of an NDE. Explore the tunnel of light and encounter angelic beings. Reunite with friends and relatives who have transitioned. Experience a life review to undergo healing and regeneration.

How it works

1. OBE Spectrum Virtual Retreat is a 4 ½ day real-time interactive online retreat.
2. Tentative schedule
 1. Day 1 begins at 2:30 pm (ET) with an overview, introductions, logistics and an audio exercise. The day ends at 6 pm.
 2. Days 2-5 begin at 9:00 am (ET). Each day is different and includes 3-4 audio meditation exercises, activities, videos and short presentations with a break for lunch. Each day ends at 6:00 pm.
3. The program will be conducted using Zoom meeting, a popular online platform for video conferencing and interactive online instruction. Audio exercises will be streamed through the Zoom platform and also available for streaming through your Monroe account during the retreat.
4. Reliable internet connection with a recommended minimum internet speed of 5 Mbps for streaming the exercises. Speed test your internet
5. You will need headphones and a computer with a camera and microphone for video communications Over-ear wired stereo headphones or high-quality earbuds are recommended with a cord long enough to reach the place where you will be listening to the exercises.

To ensure you have true stereo sound, you can use this [Audio Test](#). (Linked in the details section below.) You should hear a pulsating frequency from ear to ear.

What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.



Trainer Facilitation

Throughout the course a Monroe trainer will be there to answer your questions and support and guide you through the program.



Additional Audio Exercises

Continue your exploration once the program has ended with a take home audio exercise.